Creative Environment Children’s Learning Center

2021-2022 Winter Menu

Week 3

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Toasted Whole Grain English Muffin with grape jelly100% Apple Juice1% & Whole milk | CheeriosFresh Bananas1% & Whole Milk | Scrambled eggs with Ham & CheeseWhole Grain ToastOrange Smiles1% & Whole Milk | Homemade Apple-Cinnamon MuffinGrapes1% & Whole Milk | Chex Cereal100% Grape juice1% & Whole Milk |
| Lunch | Tuna Melt on Whole Grain BreadGreen BeansMandarin Oranges1% & Whole milk | Homemade Chicken Noodle Soup American Cheese SlicePearsMixed VegetablesSaltine Crackers1% & Whole Milk |  Swedish MeatballsCreamy Mashed PotatoesPeasMixed FruitWhole Grain Bread & Butter1% & Whole milk | Chicken Parmesan with Whole Grain Spaghetti Tossed SaladPeaches1% & Whole Milk | Oven Roasted Turkey with GravyCornApplesauceHomemade garlic biscuit1% & Whole Milk |
| Snack | Ham stickPineappleWater | Whole Grain Cinnamon ToastStrawberriesWater | Garlic Bread StickMozzarella Cheese StickWater | Cucumber SticksCarrot SticksRanch DipApple SlicesWater | Homemade pita chipsSalsaAmerican Cheese sliceWater |

11/15/21 2/28/22

12/26/21 3/21/22

12/27/21 4/11/21

1/17/22 5/2/22

2/7/22 5/23/22