Creative Environment Children’s Learning Center

2021-2022 Winter Menu

Week 3

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Toasted Whole Grain English Muffin with grape jelly  100% Apple Juice  1% & Whole milk | Cheerios  Fresh Bananas  1% & Whole Milk | Scrambled eggs with Ham & Cheese  Whole Grain Toast  Orange Smiles  1% & Whole Milk | Homemade Apple-Cinnamon Muffin  Grapes  1% & Whole Milk | Chex Cereal  100% Grape juice  1% & Whole Milk |
| Lunch | Tuna Melt on Whole Grain Bread  Green Beans  Mandarin Oranges  1% & Whole milk | Homemade Chicken Noodle Soup  American Cheese Slice  Pears  Mixed Vegetables  Saltine Crackers  1% & Whole Milk | Swedish Meatballs  Creamy Mashed Potatoes  Peas  Mixed Fruit  Whole Grain Bread & Butter  1% & Whole milk | Chicken Parmesan with Whole Grain Spaghetti  Tossed Salad  Peaches  1% & Whole Milk | Oven Roasted Turkey with Gravy  Corn  Applesauce  Homemade garlic biscuit  1% & Whole Milk |
| Snack | Ham stick  Pineapple  Water | Whole Grain Cinnamon Toast  Strawberries  Water | Garlic Bread Stick  Mozzarella Cheese Stick  Water | Cucumber Sticks  Carrot Sticks  Ranch Dip  Apple Slices  Water | Homemade pita chips  Salsa  American Cheese slice  Water |

11/15/21 2/28/22

12/26/21 3/21/22

12/27/21 4/11/21

1/17/22 5/2/22

2/7/22 5/23/22